



SUPPORT FOR CHILDREN AND YOUNG PEOPLE



KIDS HELPLINE

Information, support, and 24/7 online and telephone counselling service for young people 5-25.

1800 55 1800

kidshelpline.com.au



HEADSPACE

In-person information, support & counseling across the South West for young people 12-25

(08) 6164 0680



EHEADSPACE

Free, confidential counselling and mental health advice, available 7 days a week, for 12-25 years old and including families.

1800 650 890 eheadspace.org.au



ICAMHS CRISIS CONNECT

Specialist help for children and young people (0-17) in the South West for times when they need urgent advice, crisis support, a mental health assessment, guidance on whether ED is needed.

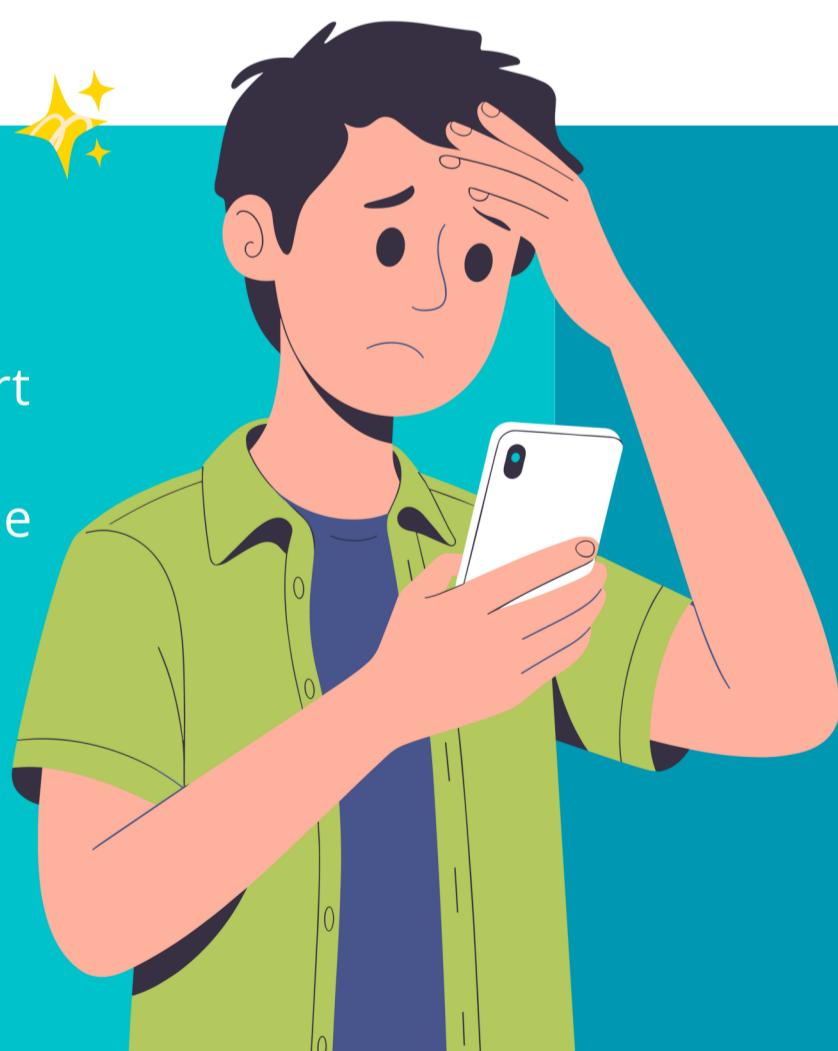
Telehealth support, crisis management, assessment, and follow up support for children and young people and those who support them, including parents, friends, carers, and professionals.

1800 048 636



REACHOUT

Free, anonymous, online support for 16-25 year olds with trained peer worker where young people can talk about anything that is worrying them, big or small.

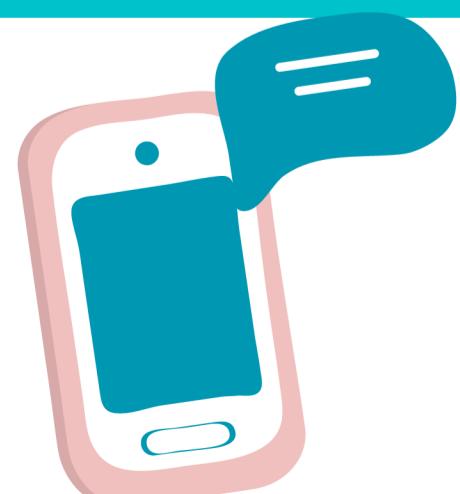


SOUTH WEST COMMUNITY ALCOHOL & DRUG SERVICE

Free alcohol and drug counselling, information, and support for anyone over 12+. Family/carer support also available.

(08) 9729 6700

Services available in:
Bunbury, Busselton, Margaret River, Bridgetown, Manjimup, and Collie.



LIFELINE

24/7 crisis support for people experiencing suicide or mental health distress.

Text **(0477 13 11 14)** and online support available.

13 11 14

CRISIS CARE **1800 199 008**

After hours response to concerns for child safety and wellbeing, as well as for people in crisis or experiencing family and domestic violence.