

Holiday service closures – for GPs, EDs and other frontline services

The following services will not be staffed to take referrals or respond to clients between the following periods:

- **CAMHS** – public holidays only
- **SW Mental Health** – public holidays only
- **Headspace Margaret River** – 19th December to 6 January 2026
- **South West Counselling** – 24 December to 5 January 2026
- **Oseca** - 24 December to 2 January 2026

For mental health presentations – the following services are best placed and available to support GPs, ED staff and individuals with mental health presentations.

They will provide immediate connection to specialist, support, assessment and referral.

Up to 18 years of age

Crisis Connect 1800 048 636 - 24 hours a day, 7 days a week.

18+ years of age

Rural Link 1800 552 002 - 24 hours a day, 7 days a week.

Further information

When you call **Crisis Connect**, you will speak with a mental health specialist who provides urgent, confidential support for children and young people experiencing a mental health crisis. The specialist will listen, offer guidance, and conduct a tele-mental health assessment to determine the next steps. Depending on the situation, they may provide a referral to community services, suggest a face-to-face assessment at an emergency department, or connect you with other support options.

When you call **Ruralink** 1800 552 002, you reach a trained mental health clinician who provides after-hours telephone support for mental health crises in rural and regional Western Australia. You will receive a mental health assessment, crisis support, and help navigating mental health services. The service can also arrange for planned support calls, connect you to other services if needed, and provide information and advice.